

values
responsability
meaning



AUTHENTIC WORKSHOP

Salary and benefits are important workplace motivators for many. But in fact for a great many more, other values are of even greater importance.

Meaningfulness and commitment in the workplace emerge from factors like trust, self-leadership, good relationships and common responsibilities.

We call that an authentic workplace. And creating them is what Authentic Workshop is all about.

www.authenticworkshop.com

AUTHENTIC[®]

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Meaning and commitment in the workplace

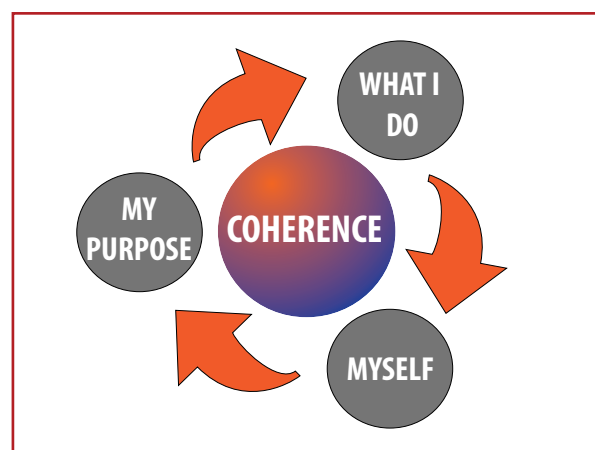
Imagine a workplace of which every employee is proud and happy to be a part, where there is a sense of belonging and where all work towards a common goal. Here both leaders and staff feel connected to their jobs and are working with questions they consider important. They have common values. At this workplace, employees have sense of purpose, take responsibility and contribute initiatives that aim at developing and improving themselves, their work groups and their entire organization.

This workshop aims to create the conditions that lead to just that kind of workplace. It is, as well, of great benefit for the participants as individuals, each of whom creates a personal action plan with personal development as the goal.

Methods and procedures

The workshop leader is assisted by an instructor who supports participants during the practical, process oriented exercises. Instructors are certified in Authentic-tools and have long experience in leading processes successfully.

Theory is mixed with practical exercises. The work is process oriented and coached to best stimulate participants' capacity for self analysis and will to change.



Authentic Workshop 1 for staff and leaders

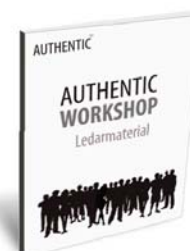


Part 1 is a half day workshop for both staff and leaders. The workshop is about building clear self-leadership. It focuses on unifying “what I do” professionally with “who I am” as a person.

When the workshop is over, each participant will have a personal leader development plan and concrete tools for self-leadership both at and away from the workplace. Theoretical material is supported with practical exercises.

Professional instructors support the process together with the workshop leader. Material is included.

Authentic Workshop 2 for leaders



Part 2 is a full day workshop and a direct continuation of part 1. The focus here is on leading others rather than oneself. We examine and analyze the tools that we as leaders use to create the relationships that help others take responsibility, grow and use their capacities to the utmost.

When the workshop is over, each leader will have a basic understanding of how to create those conditions that allow staff members to feel meaningful and take responsibility as a group, not just as individuals. Theory is mixed with practical exercises.

Professional instructors support the process together with the workshop leader. Material is included.



Authentic Workshop is ideally performed in groups of 5-30 people.

Impact and advantage

Authentic Workshop participants get:

- an increased self-awareness and connection to their work and their own goals.
- basic tools for leadership and teamwork.
- a relevant and adaptable thought-tool for daily life
- tools that lead others to lead themselves.
- techniques for creating consensus in work groups.

With Authentic Workshop, organizations create a workplace where staff can lead themselves and take greater common responsibility. The workshop material can be used to support staff surveys, career development talks, or as a basis for workplace meetings.

Authentic Leadership

This workshop is based on our more comprehensive leadership program, Authentic Leadership.

Authentic leaders have a true desire to serve others with their skills. They focus on empowering their staff rather than grabbing for power, money or prestige for themselves. They build lasting relationships and those around them understand, trust and follow them. Authentic leaders are guided by their own inner values and follow their own convictions and passions. They use their own talents while supporting others.

For more information visit www.authenticleadership.se.

Voices on Authentic Workshop

“”The workshop broadened my view of myself and everything became clearer to me. Now I rely more on myself and what I'm good at. ”

Pia Persson, Head of Department, Gothenburg

“An eye opener, now i better understand the things that are really important for me.”

Sigrid Carlson, PHD, New York City

“I was incredibly inspired and began to think along new lines. You had everybody with you!”

Participant, Dialogue Conference, Stockholm

“Now I understand better what gives my life meaning and why I have felt the way I have.”

Participant, Dialogue Conference, Stockholm

“It was very amazing to reflect over myself in a new way”

Magnus Lantz, Entrepener, Gothenburg

Authentic Workshop is based on research on leadership and work group membership conducted by The University of Lincoln and Harvard University in the USA and the School of Business, Economics and Law in Gothenburg, Sweden. The material has been adapted for Nordic organizations and corporate culture.

For more information

Contact us and we will tell you more about what Authentic Workshop can mean for you, your work group and your organization. As a part of our concept we also arrange internal training, lectures and leadership programs.

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